



Drumchapel & Clydebank Kayak Club

www.dckc.co.uk



Diary

Monday 01.09.14
Tidal Planning workshop

Tuesday 02.08.14
Pool Session Playdrome

Sat 06 - Sun 07.09.14
Lismore Weekend
Sea trip - Grade B
Colin 07748 966873

Sunday 07.09.14
River Trip
Sandy 07962 226280

Monday 08.09.14
Tidal Planning workshop

Tuesday 09.09.14
Pool Session

Wednesday 10.09.14
Club Night Pinkston and
Rolling Workshop

Friday 12.09.14
Ceilidh Night
Bearsden Hall

Sunday 14.09.14
Loch Katrine
Grade A trip
Bernie 07753 924457

Tuesday 16.09.14
Pool Session

Wednesday 17.09.14
Club Night Pinkston

Saturday 20.09.14
Loch Lomond Trip
All welcome
Rab 01877 382141

Saturday 20.09.14
Sea 3 star assessment
Sandy 07962 226280

Looking forwards to the Autumn

September 2014



More trips and events than you can shake a paddle at!

It's looking pretty good for a busy Autumn. There are a series of river trips running on Sundays, There are sea paddles, loch paddles and there are 3 star assessments planned for both the sea paddlers and the river paddlers. The Pinkston sessions continue and the pool sessions re-start. What more could you want?

The sea paddlers have the first assessment date which will be on Saturday 20 September. There are six places available, only one of which has been booked at the time of writing. The syllabus can be found at.....

<http://canoescotland.org/courses-training/bcu-star-awards#2817156-2-star>

Contact Sandy on 07962 226280 for information and if interested. The cost should be around £30 per head.



DCKC is affiliated to the

Diary - continued

Sunday 21.09.14
River Trip
Sandy 07962 226280

Tuesday 23.09.14
Pool Session

Wednesday 24.09.14
Club Night Pinkston

Sunday 28.09.14
River Trip R.Awe
Sandy 07962 226280

Tuesday 30.09.14
Pool Session

Saturday 04.10.14
Mull of Galloway
Sea trip - Grade C
Rab 01877 382141

Sunday 05.10.14
River Trip
Sandy 07962 226280

Tuesday 07.10.14
Pool Session

Wednesday 08.10.14
Club Night Pinkston

Wednesday 08.10.14
Night Paddle
Loch Lomond
Rab 01877 382141

Sunday 12.10.14
River Trip
Sandy 07962 226280

The river paddlers will have trips throughout September and October to prepare for their 3 Star assessment which will be held on Sunday 2 November. Again the syllabus can be found using the link listed on the previous page.

We are also trying to develop the Pinkston sessions. These can be a lot more than just playboating. Of course we will be trying to develop this aspect of the club but the Pinkston Watersports facility can be used for so much more.

The first of these sessions in September will (in addition to the normal use of the of the white water course) take the form of a rolling clinic. The top section of the flat water basin has a gentle flow due to the outflow from the white water course and this should provide an ideal venue to allow club members to work on their rolling outside in controlled conditions. With changing rooms and showers on site this is an ideal venue for this first rolling clinic.

There is also the possibility of canoe polo training at this venue. If you are interested in this you should contact any of the club's committee members so that this can be factored into the club programme.

On the subject of the club programme, if there is anything there that you want included please contact any of the club committee. Contact details are on the club website.

Lastly, can I remind everyone that if you want to take part in an event other than the club pool sessions you should contact the organiser. The contact details for each organiser can be found in this newsletter or on the calendar section of the club website.

Phoning up, texting or emailing the night before is unacceptable unless you have previously contacted the organiser and he or she has made this arrangement to allow for weather conditions or other variables. You should normally give the organiser at least one week's notice that you intend to take part in an event. This allows the organiser time to organise!

Paddling Links

Scottish Canoe Association - <http://canoescotland.org/>

Great Glen Canoe trail - <http://greatglencanoetrail.info/>

Glasgow/Edinburgh Canoe Trail - <http://www.scottishcanals.co.uk/glasgow-to-edinburgh-canoe-trail>



DCKC is affiliated to the



River Kayakers wanted

Sandy is planning to re-sit his UKCC level 3 Certificate in White Water Kayak in November 2014. As part of the process he has to submit further portfolio evidence of working with and coaching a group of paddlers over six sessions. Sandy hopes to do this over September and October and is looking for a group of volunteers who would be willing to take part in these sessions.

He is planning to organise these sessions so that the participants have the opportunity to train for and obtain the 3 star certificate in White Water Kayak and start working towards the 4 star certificate.

If you are interested, please contact Sandy at sandy.johnston@sky.com

Ceilidh Night

Keep **Friday 12 September** free. We are going to have our inaugural Club Ceilidh which will be a bring your own bottle event between 7.30 pm and midnight. The venue will be Bearsden Hall and it looks like this will be a good night with monies raised going towards club funds. This is a great opportunity for a social evening for all, with music being provided by the [Cask Strength Ceilidh Band](#).

Tay Descent - Sat 24.10.14

This has been running for several years now without any real club entry. Sandy has taken part twice with his kids and is willing to take a team to this event. There are classes for

open boats and also for kayakers, both sea and river. Entry fees go up nearer the event so if you are interested contact Sandy now!

Further information can be found at

<http://canoescotland.org/events/highlighted-events/tay-descent-2014>

Rolling Workshop

Do you need to work on your roll? Do you want to practice your roll prior to 3 star assessment? If so, the solution, which will be tailored for you, is the rolling workshop which is going to be held on **Wednesday 10 September 2014** during the club night at Pinkston Watersports. Start time at 7.30 pm. Changing rooms, hot showers and quality instruction outside in relatively warm water! What's not to like?

Glasgow/Edinburgh Challenge 2014

Anyone interested in taking part in this challenge? This consists of a two day paddle between Glasgow and Edinburgh on Saturday 04- Sunday 05/10/14.

You can either paddle alone or work in a team of up to 12 paddlers, in Singles, Doubles or Fours, Kayaks or Canoes.

Over the years a wide range of canoes and kayaks have been used to complete the course, racing K1's and K2's by those looking for fast times; open Canadians; sea kayaks and even plastic river boats by those looking for more of a challenge.

The Open Team Relay class allows up to 12 people to paddle in any combination of canoe and/or kayak.

The event is over two days with set stages.

- Day 1 - Forth & Clyde Canal from Speirs Warf, Glasgow to Falkirk Wheel, c. 24 miles.
- Day 2 - Union Canal from above Falkirk Wheel to Lochrin Basin, Edinburgh, c. 31 miles

For the first time, 2014 sees the event partnering with a charity, Kidney Cancer Scotland, who were considering setting up their own fund raising event over the course, but welcomed the invitation to run as part of our existing event instead. This arrangement should see a larger entry than in recent years. There is no requirement for participants to raise money for the charity, but obviously any paddlers who want to do so would be very welcome by the charity.

To find out more information on how to raise money for Kidney Cancer Scotland please visit: <http://www.jameswhalefund.org/canoe-for-a-cure/>