



FITNESS & STAMINA

EQUIPMENT & CLOTHING

PADDLE SKILLS

LOGISTICS & COMMUNICATION

MY FITNESS & STAMINA IS UP TO GRADE B PADDLE TRIPS

MY CLOTHING AND EQUIPMENT ARE UP TO GRADE B PADDLE TRIPS

MY PADDLE SKILLS ARE UP TO GRADE B PADDLE TRIPS

MY LOGISTICS & COMMUNICATION SKILLS ARE UP TO GRADE B PADDLE TRIPS

I'M A COMPETANT GRADE B SEA KAYAKER