



Drumchapel & Clydebank Kayak Club

www.dckc.co.uk



Diary

Wednesday 01.10.14
Kayak Club AGM
Pinkston 7.30 pm

Saturday 04.10.14
Mull of Galloway
Sea trip - Grade C
Rab 01877 382141

Sunday 05.10.14
River Trip
Sandy 07962 226280

Tuesday 07.10.14
Pool Session
Clydebank

Wednesday 08.10.14
Club Night Pinkston

Wednesday 08.10.14
Night Paddle
Loch Lomond
Rab 01877 382141

Sunday 12.10.14
River Trip
Sandy 07962 226280

Tuesday 14.10.14
Pool Session
Clydebank

Wednesday 15.10.14
Club session
AWWC - Pinkston

Friday 17.10.14
Club Coaches Meeting
and curry night

Saturday 18.10.14
Loch Lomond Paddle
Grade A/B
Iain Love 07981 434965

It's your Club, it only works if you take part!

October 2014



Pinkston watersports

September was a month for both success and disappointment. Success for the four sea paddlers that obtained their 3 Star sea qualification. Well done to Lori, Antje, Tony and Colin. Disappointment on the other hand for some of the coaches who had planned events which were then not supported.

For instance, only two club members took part in the rolling clinic. Less than 2% of the membership wanted to work on rolling. The flat water basin at Pinkston was the venue, club members were given plenty of notice yet only 2 people turned up. Disappointing to say the least. Okay the Wednesday night might not be perfect for everyone, especially if you are attending the pool session on a Tuesday, but it was the ideal opportunity to take a skill learned in the pool outside and get some coaching at the same time.

I hope that club members will take advantage of these opportunities in the future, otherwise the opportunities might cease to be there!



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Diary - continued

Sunday 19.10.14
River Trip
Sandy 07962 226280

Tuesday 21.10.14
Pool Session
Clydebank

Wednesday 22.10.14
Club session
AWWC - Pinkston

Saturday 25.10.14
Firth of Forth Sea trip
Grade A/B
Rab 01877 382141

Sunday 26.10.14
River Trip
Sandy 07962 226280

Tuesday 28.10.14
Pool Session
Clydebank

Wednesday 29.10.14
Club session
AWWC - Pinkston

Sunday 02.11.14
River Kayak
3 Star Assessment

Tuesday 04.11.14
Pool Session
Clydebank

Friday 07.11.14
Loch Awe Weekend

The inaugural Club Ceilidh also took place without being particularly well supported. Those that attended had a good time and the band was excellent. Let's hope more people can make it next year.

On the plus side of things most of the other programme events seems to be fairly well supported. We have the AGM coming up, there should be water back in the rivers soon and a group of river paddlers have started working towards their 3 star white water assessment. This has been scheduled for 02/11/14 so there will be time for practice on the Sunday trips prior to the assessment.

Talking of opportunity and with regard to the club programme, if there is anything there that you want to do please contact any of the club committee. Contact details are on the club website.

Again, I need to remind everyone that if you want to take part in an event other than the club pool sessions you should contact the organiser. The contact details for each organiser can be found in this newsletter or on the calendar section of the club website.

Phoning up, texting or emailing the night before is unacceptable unless you have previously contacted the organiser and he or she has made this arrangement to allow for weather conditions or other variables. You should normally give the organiser at least one week's notice that you intend to take part in an event. This allows the organiser time to organise!

I take it no-one is interested in the Glasgow/Edinburgh Challenge or the Tay Descent. No-one has been in touch with Sandy so we can only assume that these events hold no interest.

Lastly, kayaking and canoeing are outdoor sports. Pool sessions have their place, to practice skills, to act as a meeting point, but it's all about getting out paddling. Talk to the coaches, let them know what you want to do and maybe we can all get out a bit more!

Paddling Links

Scottish Canoe Association - <http://canoescotland.org/>

Great Glen Canoe trail - <http://greatglencanoetrail.info/>

Glasgow/Edinburgh Canoe Trail - <http://www.scottishcanals.co.uk/glasgow-to-edinburgh-canoe-trail>



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River Forth

Tay Descent - Sat 24.10.14

This has been running for several years now without any real club entry. Sandy has taken part twice with his kids and is willing to take a team to this event. There are classes for open boats and also for kayakers, both sea and river. Entry fees go up nearer the event so if you are interested contact Sandy now!

Further information can be found at

<http://canoescotland.org/events/highlighted-events/tay-descent-2014>

Boat Repairs on the Go

Have a wee look at this website for some thoughts on what to carry to deal with the worst case scenario of a hole in your boat.

<http://www.howardjeffs.com/essentials/accessories-equipment-2/>

Annual Loch Awe Weekend

This will run over the weekend of 7/8/9 November 2014. This is a cracking weekend open to all the club's paddlers. Based at the Loch Awe Village hall it is not only provides a good weekend of river/sea kayak/open boat paddling but it is an excellent social

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event as well. Speak to any of the club members who have taken part to get the full story and come along yourself..... Earplugs are recommended!

Glenmore Lodge

This is the national outdoor sports training centre run by SportScotland and a familiar venue to most of the coaches in the club. The staff provide top class coaching and 'the Lodge' is normally the venue for the Coach and Volunteer Conference. Staff at the lodge are now providing tips regarding their various sports one of which can be found at

<http://www.glenmorelodge.org.uk/white-water-kayaking-punching-features/>



Upper Tummel


Paddling.Net

This is an American website which is well worth a look due to the variety of topics covered and the depth in which they are covered. You can even be put on their mailing list to receive their regular newsletters. The latest includes an interesting article on staying upright in your boat!

http://www.paddling.net/guidelines/showArticle.html?show=639&utm_source=email_newsletter&utm_medium=email

Paddlesport Festival - An Feish Mhor

Free entry to the weekend paddlesport festival which is this year being held at the Dewars Centre, Glover St, Perth and the adjacent Perth Leisure Pool over the weekend of 24-26 October 2014.

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For the first time, the Festival will feature a pool. As well as demos from top paddlers, there will be a chance to get involved yourself – BRING SWMSUITS!

For full information on speakers and exhibitors see the pages below. General timetable will be as follows:

Friday 24th:

2.30-8.00 pm Informal drop-in screenings of short films. Café will be open for refreshments
6pm-9pm: Canoe polo opening matches

Please note the retail hall is not open on Friday.

Saturday 25th:

10am-6pm: Retail hall open, including indoor kayak competition
10am-5pm: Talks and workshops
10am-6pm: Pool sessions including Come and Try for beginners and experienced paddlers, in a range of common and less-common craft
8pm-midnight: SCA ceilidh. Tickets £8 available [here](#)

Sunday 26th:

10am-4pm: Retail hall open, including indoor kayak competition
10am-4pm: Talks and workshops
10am-5pm: Pool sessions including an open entry slalom-based obstacle course, Greenland rolling demos, and Come and Try sessions for beginners and experienced paddlers.

- See more at: <http://canoescotland.org/events/highlighted-events/fheis-mhor-2014#sthash.ScCYM5v.dpuf>

An Fhèis Mhòr 2014 Talks and Workshops

The 2014 An Fhèis Mhòr Festival of Paddlesport promises an exciting line-up of talks and workshops. The list is growing all the time, so make sure you keep an eye on our [Facebook](#) and [Twitter](#) pages for the most up-to-date news. And of course, feel free to make [suggestions](#)!

Talks

Justine Curgenvén - Sea kayak expeditions across the globe

Justine Curgenvén has recently returned from her longest sea kayak expedition yet - 101 days along the Aleutian Islands and into Alaska. Her travels have taken her across the globe, and led to the award-winning "This is the Sea" series of DVDs. Wherever she goes, you can guarantee

it's worth hearing about.

Mick Hunter – Scotland South to North (and then some) by canoe

Mick set out to paddle solo from the Mull of Galloway to Dunnet Head. When he completed the journey in record time, he just kept going. <http://www.mickhunter.com/>

Callum Strong – South India Expedition

Callum is a well-known and much-loved regular at the Show – this year he's exploring South India, and will no doubt have many epic tales to share. <http://vimeo.com/callumstrong>

Dave Rossetter – How to get started in recreational paddlesports

Never been in a boat before? Tried it on holiday and found yourself hooked? Who better than Dave Rossetter, Head of Paddlesports at Glenmore Lodge, to point you in the right direction. <http://www.glenmorelodge.org.uk/kayaking-canoeing-courses/>

Dave Rossetter – Paddling with children

There's no doubt that paddlesports can be enjoyed as family activity. But when can you start? How and when do you get the children paddling in their own boat? And where's the best place for them to learn?

Donald Macpherson – Guide to the Glasgow-Edinburgh Canal Trail

After years of hard work, Donald Macpherson of Explore Highland has established another long-distance canal trail for all to enjoy – this time between Scotland's two largest cities and via the Falkirk Wheel. <http://www.scottishcanals.co.uk/glasgow-to-edinburgh-canoe-trail>

Dave Purvis & Chris Morgan – Coracles and Curraghs

Small, ancient, sometimes challenging to handle, but far tougher than they look (that's the boats, not the speakers) – come and learn about these fascinating boats. <http://www.coraclesociety.org.uk/>

Workshops

Cory Jones - ABC First Aid and First Aid for the Aquatic Environment

Cory is the managing director of Outdoor First Aid Limited, and has many years' experience of running first aid courses for those operating in challenging environments. These two workshops could make all the difference if you find yourself in a life-threatening situation.

Chris Scott - Adventures with packrafts

Whether on land or on water Chris never misses the opportunity for adventure. He'll pass on tips and tricks as well as talking about his many packraft expeditions. <http://apaddleinmypack.wordpress.com/>

Douglas Wilcox – Kayak photography

Douglas's photos show Scottish sea kayaking at its best, capturing the scenery and the wildness, but also the companionship and fun. <http://seakayakphoto.blogspot.co.uk/>

Simon Wyndham – How to get the best out of your GoPro

Simon is a professional cameraman, video editor, and award-winning video producer, who took

up kayaking in spite of being unable to swim and found himself hooked. He'll share his knowledge and insight to help you make your paddling videos stand out. <http://kayakjournal.wordpress.com/>

Anne Young – Safety at sea

Anne has been representing the Maritime and Coastguard Agency at these shows for many years. The talks she gives, alongside the RNLI, are always popular, and could make a real difference to your safety. <http://rnli.org/safety/respect-the-water/activities/Pages/kayaking.aspx>

Andy Winter – Kayak fishing

There's nothing quite like fresh-caught fish cooked on a campfire. Whether you kayak simply to fish, or just want to pick up a few mackerel for tea, Andy Winter will make sure you don't go hungry. <http://kayakfishinguk.co.uk/>

Ben Darvill – Scottish waterbirds: identification, population changes, and help with monitoring

Do you struggle to tell a duck from a diver, or can you tell what's hiding in the bush by its song alone? Either way the British Trust for Ornithology has a project you can help with, as well as plenty of identification tips.



Here's an old one! - River Teith 2009