

Drumchapel & Clydebank KC
Newsletter May 2007

Outdoor Sessions

Start on Tuesday 5th June. Meet at the Miller Street container (not the one at the Playdrome) from 6:30pm leaving before 7pm.

We are going to Drumkinnon Bay, Loch Lomond.

If you are interested in taking the assessment for 2 or 3 Star speak to Ron.

We will be working on skills each night and assessments can be arranged when a small group is ready.

Charges for outdoor sessions will be:-

£1 trip

£2 Equipment (including boat, paddle etc)

£1 Petrol (if taking a lift)

Lomo Watersports

Lomo have moved into their new premises at 195 Crow Rd, Glasgow. This is a temporary move until their new, larger premises are ready in the winter of 2007.

They have a new website www.ewetsuits.com

Waiting list

The list is now down to 11 names. Hopefully by the time we start outdoors on 5th May all these people will have had the opportunity to come along.

Volunteers needed for British Sprint Triathlon Championships on 27th May!

Where? Strathclyde Park

When? Sunday 27th May 2007

What are we looking for? About 6 or 7 kayakers (based on about 300 participants split into 2 waves for the morning race) ie a lead kayak, plus others to cover the 750m course - the park staff will provide a RIB.

In addition to the big race in the morning, there is also a separate Elite race in the early afternoon, so we are also looking for volunteers for then too, but with many fewer and faster athletes, less cover will be required. The triathlon is a swim leg followed by a bike (20k) and run (5k), so with closed park roads and a number of loops the races should be good fun to watch too!

You'll of course be well looked after on the day and receive goody bags/hospitality for your efforts!

If you can help, please reply to me direct on fionaj2002@yahoo.co.uk or phone/text me on

07812 124 695.

John Muir Trust

The John Muir Trust is one of the leading wild land conservation organizations in the UK

The last places are available on our 2007 Activities Programme, and the following trips may be of interest to your members:

Photography, Glen Nevis (12-15 July, £200)

– learn practical skills of photography, and enjoy discussions around the interpretation of landscapes.

Sea Kayaking (beginners level), Cape Adventure, Sutherland (25-30 August, £430)

– Friendly instruction, a comfortable outdoor centre, and wonderful landscapes of the far Northwest.

Geology, Lochaber (1-4 Sept, £200)

– discover the geological events that have shaped this area and created its famous scenery, including Glen Nevis and Glen Coe.

[Art in Assynt, Glen Canisp Lodge](#) (23-29 Sept, £300)

– invigorate your brush strokes amongst distinctive ancient mountains with a painting mentor.

I would be grateful if you could forward this information to anyone that might like to be involved.

For more details on any of our trips: www.jmt.org/programmes

If you are inspired to book a place, please get in touch asap:

0845 456 1783 / programmes@jmt.org

River Paddlers

Ron has the information pack and a booking form for the new SCA Paddlefest BoaterX event to be held at Grandtully on 11th-12th August. This event is suitable for many different crafts, ages & abilities.

Booking can also be done online through the SCA Website.

Coaches

Lomond KC have 4 members wanting to do a Coach Update Course on Saturday the 16th June.

Is there anyone else out there needing an Update course, so that we can combine forces to make it cost effective (need 8-10 people)?

Claire Scott

Paddlesports Development Officer

Scottish Canoe Association

Telephone 01540 210604

Mobile 07726 700880

Email Claire.Scott@CanoeScotland.com

Web www.canoescotland.com

Trip List

Sunday 13 th May	Loch Chon	Beginners river boats	Ron	07743342330
Sunday 13 th May	River Trip	TBA	Sandy	07962226280
Sunday 27 th May	Sea Trip	Easy trip	Ron	07743342330
Sunday 17 th June	River Trip	TBA	Sandy	07962226280