

DCKC Weekend Sea Kayak Expedition Equipment List

For overnight

- Tent + poles & pegs
- Sleeping bag (ideally 3/4 season*)
- Sleeping mat
- Dry bags (particularly for dry clothes and sleeping bag)
- Cooking stove + fuel + lighter
- Cutlery + cooking utensils
- Pot/pan
- Mug + plastic plate/bowl
- Washing liquid + scrubber/ brush
- Cooking extras (salt/pepper, cooking oil, etc)
- Breakfast /Dinner!
- Tea /coffee [cafetiere] / milk/ snacks
- Wine/ Whisky /beer to taste
- Torch (headtorch if you have) + spare batteries/torch
- Change of clothes for off water
- Warm jacket
- Waterproof jacket
- Trainers / boots for off water (appropriate to weather conditions - often trainers suffice and save some weight)
- Toiletries/ toilet paper / hand sanitiser
- Midge net!* +repellent*
- Thinnish set of gloves*
- Warm hat* (for off water)
- Water bladder/bottle/container (if going to a location without guaranteed fresh water this may need to be big enough to contain all the water you need for trip). Recommended minimum 2lts per night + water for paddle. Plastic bottles suffice.
- Suncream / sunglasses* (can always be left in vehicle if the weather looks shite!)
- Small personal first aid kit
- Additional personal medical supplies e.g. Inhaler/Epipen/Insulin (please let at least two people in group know where these are stored)
- Bin bag / spare plastic bag

**may be omitted/adjusted weather/season dependant*

For kayaking

- Kayak** (check skeg)
- Paddle** (+ spare if you have)
- Pump
- Drysuite / cagoule**+wetsuite** / cagoule + drytrousers
- Buoyancy aid**
- Spraydeck**
- Warm hat + cap for paddling (cap can be useful to keep sun/rain out of eyes)
- Paddling thermals (suite or tops/bottom and socks) - throw in an extra as its winter!
- Wetboots / kayaking shoes/boots
- Poggies / paddling gloves
- Water bottle/bladder + flask*
- Lunch!
- Snacks + emergency food

***may be hired from club @ £1 per item up for to £5*

Optional

- | | |
|--|---|
| <input type="checkbox"/> Phone/waterproof bag | <input type="checkbox"/> Paddle float |
| <input type="checkbox"/> Camera/memory card/batteries | <input type="checkbox"/> Flares |
| <input type="checkbox"/> Battery pack | <input type="checkbox"/> Trowel for toileting |
| <input type="checkbox"/> Towline | <input type="checkbox"/> Penknife /repair tool |
| <input type="checkbox"/> VHF Marine Radio | <input type="checkbox"/> Tea towel |
| <input type="checkbox"/> Map/compass/mapcase (recommended not essential) | <input type="checkbox"/> Emergency whistle*** |
| <input type="checkbox"/> Repair kit | <input type="checkbox"/> Foldable seat for carrymat |

Notes on Packing

- *Everything you pack for camping must go through the hatches of the kayak. With this in mind, it is usually better to use smaller dry bags <20L and separate tent poles from the tent (so they can be pushed right into the nose of the boat).*
- *Check the size of your sleeping bag when packed and that it'll go through a kayak hatch.*
- *It pays to try and remember what you put in what drybag so you don't have to check through all of them to find something. Over time you will develop a system for knowing what's where, initially its just trial and error.*
- *Dry bags are not essential but certainly advisable - particularly for your sleeping bag and dry clothes. Cooking equipment, food and even tent can potentially be in appropriately sized plastic/ziplock bags or older/less reliable or cheaper drybags.*
- *Heavier items - water, wine, food etc - should ideally be packed towards the middle of the boat*

Group equipment:

Group equipment is generally taken/carried by group/assistant leader or occasionally split between group.

Spare spray deck
Spare warm clothes
Group First aid kit
Emergency Group shelter
Emergency distress beacon
Spare paddles
Spare Map /compass
Kayak Repair kit
Emergency flares

Optional group equipment (location/group dependant):

Water**** carrier
Firelighters
Kindling
Coal****
Saw / axe

****may be split between group