



# Drumchapel & Clydebank Kayak Club

[www.dckc.co.uk](http://www.dckc.co.uk)



## Diary

Tuesday 23.06.15  
Club Evening Session  
Loch Lomond – includes  
roll and rescue clinic

Wednesday 24.06.15  
Pinkston session

Saturday 27 to Sunday  
28.06.15  
Glenuig weekend  
Grade A/B sea trips in  
the Glenuig area  
Janice 07837 402485

Tuesday 30.06.15  
Club Evening Session  
Loch Lomond.

Saturday 4 to Sunday  
05.07.15  
Open Boat Coaching and  
Kayak Weekend based at  
the SCA Grandtully  
campsite  
Sandy 07962 226280

Sunday 05.07.15  
Rescue boat and skills  
session Loch Lomond  
Graham 07968 057934

Tuesday 07.07.15  
Two star assessment  
including paddle on Loch  
Lomond. Meet at 09.00  
Graham 07968 057934

Tuesday 07.07.15  
Club Evening session  
Loch Lomond

Wednesday 08.07.15  
Pinkston session

Saturday 11.07.15  
Come and Try It Event  
Balloch Park  
HELP NEEDED.

## What are you doing?

June/July 2015



I have been fairly busy over the last few weeks so the June newsletter was delayed, so I could go paddling, and then delayed again, so I could go paddling and then delayed again.....yes there's a definite theme here.....so I could go paddling! So the upshot of all this is that there will not be a June Newsletter but a June/July Newsletter and this is it.

I have had a busy few weeks, 4 star sea training, a charity paddle through the Great Glen from Fort William to Inverness and a two day river tour paddling the Spean and the Garry. I managed to fit all this in around my work commitments but I can see July as having a lot less paddling as I need to redress the balance with my family.

I am not the only one who has been out and about. A group of the club's sea paddlers recently spent a week paddling in Finland (Still waiting on the trip report guys!) Jim and Connor McLuskey both recently obtained their one star, and there have been a whole lot of other paddling trips going on.

The Tuesday night sessions are getting busier and there are no excuses for not getting out on one of the many trips and events

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Tuesday 14.07.15  
Club Evening Session  
Loch Lomond

Wednesday 15.07.15  
Pinkston Session

Saturday 18.07.15  
Rescue boat cover for  
Aquathon at Balloch Park  
08.00 – 12.30

Sunday 19.07.15  
Come and Try It Event  
Balloch Park  
HELP REQUIRED

Tuesday 21.07.15  
Club Evening Session  
Loch Lomond

Wednesday 22.07.15  
Pinkston Session

Sunday 26.07.15  
River Awe Dam release  
River kayaks and Open  
Boats  
Sandy 07962 226280

Tuesday 28.07.15  
Club Evening Session  
Loch Lomond

Wednesday 29.07.15  
Pinkston Session

Saturday 01.08.15  
Morning session only  
1 Star Assessment  
Sandy 07962 226280

Tuesday 04.08.15  
Club Evening Session  
Loch Lomond

Friday 07.08.15 to Sunday  
09.08.15  
Surf'n'Sea weekend  
Machrihanish

Tuesday 11.08.15  
Club Evening Session  
Loch Lomond

Wednesday 12.08.15  
Pinkston Session

Sunday 16.08.15  
Open Boat Session  
Sandy 07962 226280

running over the next few months. Keep an eye on the website, the Whatsapp app and of course the monthly (or bimonthly) newsletters to find out what's going on..... Sandy



### Star Test Training/Assessments

We are planning to use the outdoor sessions on Tuesday evenings to work towards star tests. If there is sufficient interest we will also organise some weekend training to support these sessions. Everybody in the club is capable of attaining one of these awards and having achieved a star test not only gives you the satisfaction of obtaining a recognised award but also allows you to access further training which could lead you to becoming a trip leader or even a coach. The various syllabus details for each of the awards can be found on the following link.

<http://canoescotland.org/courses-training/bcu-star-awards>



### What's App

The What's app is an application which can be downloaded to your smart phone for free and is an easy way to get involved in a group paddle at short notice. It's can also be used to share and to view trip photos, its friendly and its fun. Any trips mentioned will be graded the same way as the club trips on our website. To be added to the DCKC *whats app group* please download the app from your app store and then text Tony on 07833596456 to be added. Any problems, feel free to contact Tony on this number for assistance.



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## Open Boat and River Kayak Weekend – River Tay 4 – 5 July 2015

Sandy is planning to run a river weekend based at the SCA Grandtully campsite, paddling both days on the river Tay. Open to both kayakers and open boaters this weekend will be tailored to the skills of those taking part. If interested please contact Sandy to book a place either by email at [sandy.johnston@sky.com](mailto:sandy.johnston@sky.com) or telephone 07962 226280.



## 2 Star Assessment Course -Tuesday 7th July 9.30am at outdoor store

Put all your practice to good use with a 2 star assessment course run by Graham. The 2 star is a canoe and kayak assessment. Includes a short refresher session in the morning and a guided paddle on Loch Lomond with a BBQ for Lunch and visit to Loch Lomond islands. If interested contact Graham. 2 star training is available during all the club nights. Suitable for both adults and youngsters!

## Paddling Links

<http://thepaddler.co.uk/kayak.html> - the paddler ezine

<https://www.youtube.com/watch?v=pvi7rllsNRY> – the kayak forward stroke

The Canoe Show (No. 3) - <https://www.youtube.com/watch?v=y-6UX7IQ6w&feature=youtu.be&noredirect=1>

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Some thoughts on items to take with you when paddling -

<http://www.paddling.net/sameboat/archives/sameboat448.html>



### **Child Protection Course**

If any member of the committee or other club member would be interested in attending a child protection training course please contact Ross. This will be approx. £5 per person (money up front) and we hope it to be delivered by Willie McLeod from Castle Semple. The date for delivery will depend on availability. Contact Ross on [rmc@gcu.ac.uk](mailto:rmc@gcu.ac.uk).

### **New Clydebank Leisure Centre**

You may have heard that the pool we use for our pool sessions between September and April is going to be demolished and a new pool built as part of the Clydebank Leisure Centre. We have been in discussion with the developers of the new building and we hope to have some storage for boats inside the new building which is due to open in January 2017.

We will not be able to store a huge number of boats in the new building and this will reduce the number of boats that we can put into the pool during the pool session. This will mean that pool sessions in the new pool will have to be more organised but on the plus side we will not have to cart boats completely round the building before and after each club pool night. Nothing is set in stone at

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the moment however discussions have been encouraging and we hope to move forwards with this project.

## Loch Lomond Watersports Hub



Drumchapel and Clydebank Kayak Club is one of the primary organisations involved in the creation of this Watersports hub. Supported by West Dunbartonshire Council some of the other organisations involved are Loch Lomond Rowing Club, Loch Lomond Waterski Club and Lomond Masters Triathlon Club. Together these organisations make up the Loch Lomond Watersports Association (LLWA).

Our Club is involved in this joint project whose purpose is to build a shore based facility near to where we normally meet for our Tuesday night sessions at the South end of Loch Lomond which will include equipment storage, changing rooms, meeting rooms and a café. In effect this proposed building, artist impression above, should provide us with a permanent base for the club just next to the mouth of the River Leven where it flows out of Loch Lomond.

### Watersports Hub Project – Update and Volunteers Needed!

You may have heard someone talking about the Loch Lomond Watersports Hub so here is a wee update on what's been happening on that front.

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Exciting things are about to happen which if successful, could mean a brand new home at Loch Lomond with a building which would be shared by us, Loch Lomond Waterski Club, Open Water Swimming and Triathlon Club and Loch Lomond Rowing Club. We are in the process of finalising grant applications for 2 large grants (submission by end of June) which would allow the project to come to fruition. We also have to launch the proposals at Focus Group Sessions planned for Tuesday 23rd June and Thursday 25th June at the National Park Headquarters, followed by a Public Launch Event on Saturday 27th June at Loch Lomond Shores.

### Social Media

The project is gaining momentum but **HELP IS REQUIRED** for the next step. Urgently we need someone who would be willing to coordinate SOCIAL MEDIA. The volunteer would just need to post updates and information on Facebook and Twitter. Accounts for both Facebook and Twitter have already been established, therefore it would just mean posting updates from time to time.

### Community Consultation

Also **HELP IS REQUIRED** for the Focus Group Sessions and Launch Day to "man" a stall. A friendly face is all that is required for this task as sessions will be led by the Co-ordinator. The group need help at the following sessions:

- |           |                    |              |
|-----------|--------------------|--------------|
| Session 1 | Tuesday 23rd June  | 1pm - 4.30pm |
| Session 2 |                    | 5pm - 8.30pm |
| Session 3 | Thursday 25th June | 1pm - 4.30pm |
| Session 4 |                    | 5pm - 8.30pm |
| Session 5 | Saturday 27th June | 10am - 1pm   |
| Session 6 |                    | 1pm - 4pm    |

If you can help at any of the above sessions then please get in touch, only one or two people at each session is all that is needed.

For all of these please contact Graham ([grahamswanson@gmail.com](mailto:grahamswanson@gmail.com) 07968 057 934)

### **Try Watersports Open Days (Saturday 11<sup>th</sup> July and Sunday 19<sup>th</sup> July).**

The club is running two try watersports day in Balloch Park. These are open to the public and people can try canoeing, kayaking, rowing, waterskiing and triathlon. **For the days we really need to lots of volunteers to help get ready to take part, to give some simple introductions and to help us set up. Please contact Graham at [grahamswanson@gmail.com](mailto:grahamswanson@gmail.com)**

We will have food and other goodies for helpers as the days are part funded by a grant we received.

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## **July Activities!**

### **Rescue Duties and Loch Lomond Skills Sessions (Sunday 5<sup>th</sup> July)**

Graham is running a combined Rescue Boat and Sunday skills sessions at Loch Lomond on Sunday 5<sup>th</sup> July. There is a group cycling from Fort William to Kent and swimming across Loch Lomond and we have offered to help them out. They are aiming to have 4 kayakers on the water for 7am before the group swim from Duck Bay to Balmaha and then they are cycling on to Carlisle. After the rescue craft duties we will have a day on the loch in sea kayak with visits to Loch Lomond' islands. Please contact Graham on [grahamswanson@gmail.com](mailto:grahamswanson@gmail.com)

**I really need the rescue boaters confirmed soon and we can be joined at Balmaha from about 10am.**

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## **Rescue Kayak for Aquathon (Saturday 18<sup>th</sup> July)**

We are helping out our Loch Lomond Watersports Hub partners with rescue kayaks for their Annual Aquathon (200 swimmers). The date is Saturday 18<sup>th</sup> July from 10am with a sea paddle on the loch (A trip). Please contact Graham as we need about ten kayakers – don't need to be experts as mainly following swimmers and if they need help they can hold onto the kayak for a rest!



**Deadline for next newsletter - anything for inclusion in the next newsletter to be with Sandy for the last Tuesday 21.07.15.**

Send you photos, trip reports, items for sale, comments, etc to Sandy Johnston at [sandy.johnston@sky.com](mailto:sandy.johnston@sky.com)

If anyone fancies taking on the editorship/publication of the newsletter please contact Sandy on the above email address or see him at the club sessions.

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