

## Health and Safety Policy Statement

Drumchapel and Clydebank Kayak Club is strongly committed to encouraging participation in paddlesport in a safe and progressive manner. The health, well-being and safety of persons taking part in club activities are our main concerns and it is recommended that all participants receive coaching and training appropriate their age and ability to allow for recognition of the risks associated with our sport and to take action necessary to reduce these risks.

## **Health and Safety Policy**

To support our Health and Safety Policy we are committed to the following actions:

- Undertake regular recorded assessment of the activities undertaken by the club
- Create a safe environment by putting health and safety measures in place
- Ensure that all members receive training appropriate to their age, ability and experience
- Ensure that all members are aware of, understand and follow the club's health and safety policy
- Appoint a competent club member to assist with health and safety responsibilities
- Provide access to qualified first aiders at all times
- Report any injuries or accidents sustained during any club activity
- Ensure that normal operating procedures and emergency operating procedures are in place and are known to club members
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness

## AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or what you fail to do
- Co-operate with the club on health and safety issues
- Correctly use all equipment provided by the club
- Report any damage or breakages to equipment to coaches or club officials and ensure that the equipment in question is either disposed of, or appropriately marked as requiring repair
- Not interfere with or misuse anything provided for your health, safety or welfare