

## Drumchapel & Clydebank Kayak Club

www.dckc.co.uk



#### **Diary**

Saturday 09.05.15 Loch Eck Grade A Sea Kayak trip Misha 07787572447

Sunday 10.05.15 Skills Session Loch Lomond Graham 07968057934

Tuesday 12.05.15 Club Evening Session Loch Lomond

Wednesday 13.05.15 Pinkston Session and Social evening

Saturday 16.05.15 Ailsa Craig Sea trip Grade C Trip Rab 01877382141

Monday 18.05.15 Strathclyde Coaching Forum meeting at Pinkston

Tuesday 19.05.15 Club Evening Session Loch Lomond

Wednesday 20.05.15 Pinkston Session

Saturday 23.05.15 to Sunday 24.05.15 St Andrews Weekend Grade A/B Sea Kayak Iain McGhee 07990840300

Sunday 24.05.15 1 Star Assessment (morning only)

Tuesday 26.05.15 Club Evening Session Loch Lomond

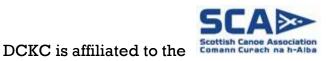
### Welcome to the Summer

May 2015

That's us officially into the Club's summer programme and as you would expect over the last few days it has been absolutely baltic! The Tuesday night sessions have now moved outdoors and the weather can only improve from now on as the first session was somewhat wet and chilly. However 10 intrepid paddlers turned up in a variety of craft and gained some quality coaching from our star coach Graham Swanson.



The Wednesday night Pinkston sessions are still running and have been throughout the winter. They will continue but we could do with some more participants. It's not just a white water course. We also have the use of the flat water basin where the white water course empties out. This provides an area with some flows which may be of interest to the sea and canoe paddlers and indeed we have offered coaching at Pinkston with regards to these disciplines. If available you should come along on Wednesday 13 May to have a look at the facility and get an idea of how we as a club can make use of it. There will be options for paddling, but it will also be a social evening too. Refreshments including a barbecue will be available. Get yourself along there and see what's doing!



Wednesday 27.05.15 Pinkston Session

Sunday 31.05.15 Open Boat coaching Sandy 07962226280

Tuesday 02.06.15 Club Evening Session Loch Lomond

Wednesday 03.06.15 Committee Meeting

Saturday 06.06.15 to Sunday 07.06.15 Tayvallich weekend Graham 07968 057934

Tuesday 09.06.15 Club Evening Session Loch Lomond

Wednesday 10.06.15 Pinkston Session

Tuesday 16.06.15 Club Evening Session Loch Lomond

Wednesday 17.06.15 To Friday 19.06.15 River Paddling trip Dam release River Garry.

Wednesday 17.06.15 Pinkston Session

Tuesday 23.06.15 Club Evening Session Loch Lomond

Wednesday 24.06.15 Pinkston session

Saturday 27 to Sunday 28.06.15 Glenuig weekend Grade A./B sea trips in the Glenuig area Janice 07837402482

Tuesday 30.06.15 Club Evening Session Loch Lomond

#### **Star Test Training/Assessments**

We are planning to use the outdoor sessions on Tuesday evenings to work towards star tests. If there is sufficient interest we will also organise some weekend training to support these sessions. Everybody in the club is capable of attaining one of these awards and having achieved a star test not only gives you the satisfaction of obtaining a recognised award but also allows you to access further training which could lead you to becoming a trip leader or even a coach. The various syllabus details for each of the awards can be found on the following link.

http://canoescotland.org/courses-training/bcu-star-awards



# Tayvallich Sea Kayak Coaching and Canoe Camping Weekend (Families Welcome) @ Tayvallich

Jun 6 – Jun 7

As part of our lottery funding we have booked Calum McKerral to do some sea kayak coaching and he suggested Tayvallich as a weekend with some camping and a pub. I am planning to make this a grand weekend out in a Lochawe style, with both a sea paddling group benefiting from Calum's knowledge, another relative novice sea paddling group visiting the sheltered locations available and also an open boat/kayak kids group. As Calum is doing a "refresher/unofficial course" there will be no number limit for his group. Being in a lovely area of Scotland non-paddlers will also be very welcome and as Tayvallich is 2 hours drive from Glasgow there will be "day" options too. There may even be a Friday surfing trip to Machrihanish if anyone was keen!

Please get in touch as soon as possible so we can firm up numbers, book campsite etc.

Organiser - Graham grahammswanson@gmail.com 07968 057 934

#### Ceilidh Date - Saturday 03/10/15 in Milngavie



Open Boat and River Kayak Weekend - River Tay 4 - 5 July 2015

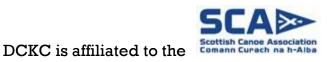
Sandy is planning to run a river weekend based at the SCA Grandtully campsite, paddling both days on the river Tay. Open to both kayakers and open boaters this weekend will be tailored to the skills of those taking part. If interested please contact Sandy to book a place either by email at sandy.johnston@sky.com or telephone 07962226280.

#### **Help Sought**

Are you available on Sunday 5 July around 07.00?

"A team of 12 from Kent are engaged in a charity challenge to raise funds for their air ambulance." The challenge is to climb the three highest peaks swim the three largest lakes in Scotland, England and Wales, in-between we shall be cycling, then cycling back to our home village of Hamstreet in Kent. A rough route would be - depart from somewhere between Arden and Duck Bay and exit at Balloch Park (if this is practical) swim of one mile-ish."

If you can assist contact Mark Taylor, 07786712939 or 01233 733556.



#### **Paddling Links**

http://thepaddler.co.uk/kayak.html - the paddler ezine https://www.youtube.com/watch?v=pvi7rIIsNRY - the kayak forward stroke

The Canoe Show (No. 3) - <a href="https://www.youtube.com/watch?v=y-">https://www.youtube.com/watch?v=y-</a> 6UX7IQ6w&feature=youtu.be&noredirect=1

Some thoughts on items to take with you when paddling http://www.paddling.net/sameboat/archives/sameboat448.html

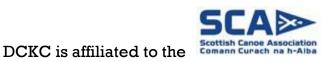
#### 1 Star Assessment - Sunday 24 May 2014 - 09.00 at Outdoor Store

This will be a morning assessment held at Drumkinnon Bay on Loch Lomond. Due to time constraints there will be a maximum of 8 places for assessment. You should be ready to get wet as a capsize and rescue are mandatory for this assessment. Contact Sandy to book your place.



#### 2 Star Assessment Course - Tuesday 7th July 9.30am at outdoor store

Put all your practice to good use with a 2 star assessment course run by Graham. The 2 star is a canoe and kayak assessment. Includes a short refresher session in the morning and a guided paddle on Loch Lomond with a BBQ for Lunch and visit to Loch Lomond islands. If interested contact



Graham. 2 star training is available during all the club nights. Suitable for both adults and youngsters!

#### **Tuesday Club Nights Summer Program**

We are still finalising dates however we will have the usual mix of coached sessions or lovely evening paddles on Loch Lomond. We aim to have 3 coaching groups - those learning canoe and kayak to 2 star level, a beginner/novice option and a more advanced group who are working on 4 star skills whether in sea, kayak or open canoe. Speak to Graham or Sandy to find out more.

We are also going to have 3 or 4 "away" days. One to paddle up the river Clyde and see Glasgow from the water, an August Lake of Menteith paddle and a Forth and Clyde Canal journey to finish at a friendly canal hostelry. Dates will be published in the calendar.

We also aim to have some smaller groups going for adventures on the Tuesday night to the Clyde, the river Leven or even the river Leny on a Tuesday night. More on this and how to book a space shortly.



#### What's App

The What's app is an application which can be downloaded to your smart phone for free and is an easy way to get involved in a group paddle at short notice. It's can also be used to share and to view trip photos, its friendly and its fun. Any trips mentioned will be graded the same way as the club trips on our website. To be added to the DCKC whats app group please download the app from your



app store and then text Tony on 07833596456 to be added. Any problems, feel free to contact Tony  $\,$ on this number for assistance.

Deadline for next newsletter - anything for inclusion in the next newsletter to be with Sandy for Tuesday 26.05.15.

